

# WRIST ARTHROSCOPY – MASTER COURSE

With the support of IWAS and APWA



2024

**ircad**  
France

STRASBOURG  
UNIVERSITY

NOVEMBER 29 - 30

## Course supervisors

J.R. Haugstvedt (NO)  
C. Mathoulin (FR)  
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## General directors

M. Levadoux (FR)  
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## Course directors

F. Corella (ES)  
M. Burnier (FR)

## Seasonal Wrist Forum Course directors

C. Taleb (FR)  
L. Marcovici (IT)

# WRIST ARTHROSCOPY - MASTER COURSE

NOVEMBER 29

8:00 am ○ REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am ● THEORETICAL SESSION 1

TFCC REPAIR

- Anatomy applied to reconstructive surgery for TFCC
- Techniques for TFCC foveal fixation
- Peripheral TFCC repair
- Transosseous repair through 6th extensor tendon sheet

TFCC RECONSTRUCTION

- Arthroscopic-assisted TFCC reconstruction
- DRUJ stabilization by DIOM reconstruction

10:00 am ● HANDS-ON SESSION 1

- TFCC repair and reconstruction

12:30 pm ○ LUNCH AT THE INSTITUTE

1:30 pm ● THEORETICAL SESSION 2

SL LESIONS: REPAIR AND RECONSTRUCTION

- SL capsulodesis
- SL instability – arthroscopic options
- Capsule plication
- Reconstruction of SL (Aitas' technique, Corella's technique, arthroscopic spiral tenodesis)

2:30 pm ● HANDS-ON SESSION 2

- SL repair and reconstruction

6:00 pm ○ END OF SESSION

8:00 pm ○ DINNER IN HONOR OF THE PARTICIPANTS

# WRIST ARTHROSCOPY - MASTER COURSE

NOVEMBER 30

8:00 am ◦ **EVALUATION OF THE PREVIOUS DAY**

8:30 am • **THEORETICAL SESSION 3**

- Scaphoid nonunion
- Arthroscopic midcarpal fusion
- Lunate bone ganglion
- Other partial wrist fusion (STT, RSL, RL)
- CMC/STT resection with/without spacer

9:00 am • **HANDS-ON SESSION 3**

- SNU and SNAC / SLAL and CMC

12:30 pm ◦ **LUNCH AT THE INSTITUTE**

1:00 pm • **IRCAD-IWC SEASONAL WRIST FORUM**

- Roundtable
- Discussion of clinical cases

2:30 am • **HANDS-ON SESSION 4**

- Open practical session "Choose your technique"

4:30 pm ◦ **END OF THE COURSE**

**DELIVERY OF CERTIFICATES OF ATTENDANCE**

*This program may be subject to modifications.*