

# Friday

- 8:00 am **Registration and welcoming of participants**
- 8:30 am **Theoretical session 1**
  - > Wrist arthroscopy anatomy
  - > Portals
- 9:30 am **Hands-on session 1**
  - > Exploration of normal wrist joint
  - > Synovectomy, removal of foreign body
- 12:30 pm **Lunch at the Institute**
- 1:30 pm **Theoretical session 2**
  - > Resection of wrist ganglion
  - > Styloidectomy
- 2:30 pm **Hands-on session 2**
  - > Resection of wrist ganglion
  - > Styloidectomy
- 6:00 pm **End of session**
- 8:00 pm **Dinner in honor of the participants**

# Saturday

- 8:00 am **Evaluation of the previous day**
- 8:30 am **Theoretical session 3**
  - > Principles of TFCC repair
  - > Distal resection of the ulna
- 9:30 am **Hands-on session 3**
  - > Principles of TFCC repair
  - > Distal resection of the ulna
- 12:30 pm **Lunch at the Institute**
- 1:00 pm **E-congress**
  - > Lectures
  - > Retransmission of live videos
  - > Discussion of clinical cases
- 2:30 pm **Hands-on session 4**
  - Open wrist session**
  - > Distal radius session
  - > Trapezium implant
  - > Total wrist prosthesis
  - > Other techniques
- 4:30 pm **End of the course, Delivery of certificates of attendance**