



## ELBOW ARTHROSCOPY COURSE

2025

DATE

**FEBRUARY 14 - 15**

GENERAL DIRECTOR

**M. Burnier (FR)**

GENERAL DEPUTY DIRECTOR

**C. Mathoulin (FR)**

COURSE MANAGER

**R. Van Riet (BE)**

## COURSE ENDORSEMENTS AND ACCREDITATION

### IRCAD-IWC course



organized under the patronage of SECEC



This course is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS). EACCME credits are also recognized by the American Medical Association towards the Physician's Recognition Award (PRA).



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**ACCREDITED EDUCATION INSTITUTES**  
ENHANCING PATIENT SAFETY THROUGH SIMULATION  
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## GENERAL DIRECTOR

Marion BURNIER *ICMMS, Lyon, France*

## GENERAL DEPUTY DIRECTOR

Christophe MATHOULIN *International Wrist Center, Paris, France*

## COURSE MANAGER

Roger VAN RIET *AZ Monica Deurne, Antwerpen, Belgium*

## GUEST SPEAKER

Pierre MANSAT *Hôpital Purpan, Toulouse, France*

## FACULTY

Ana Catarina ANGELO	<i>Hospital do Sams, Lisboa, Portugal</i>
Paolo ARRIGONI	<i>University of Milano, Milano, Italy</i>
Raul BARCO	<i>Hospital Universitario La Paz, Madrid, Spain</i>
Pieter CAEKEBEKE	<i>Ziekenhuis Oost-Limburg, Genk, Belgium</i>
Alessandra COLOZZA	<i>Hospital Ausl Romagna, Faenza, Italy</i>
Jan DEBEIJ	<i>Haga Hospital, Den Haag, The Netherlands</i>
Denise EYGENDAAL	<i>Erasmus University Medical Center, Rotterdam, The Netherlands</i>
Enrico GUERRA	<i>Universita Degli Studi di Bologna, Bologna, Italy</i>
Guillaume HERZBERG	<i>Clinique du Val d'Ouest, Clinique du Parc, Lyon, France</i>
Joideep PHADNIS	<i>Brighton and Sussex Medical School, Brighton, United Kingdom</i>
Anne VIDIL	<i>Clinique du Cap D'or, La Seyne s/Mer, France</i>
Adam WATTS	<i>The Christies NHS Foundation Trust, Manchester, United Kingdom</i>
Kilian WEGMANN	<i>OCM, München, Germany</i>

***Each IRCAD faculty member confirms that any conflict of interest they may declare has no bearing on any scientific activity during the courses: all course content is fair, balanced, and free of commercial bias***

## **COURSE OBJECTIVES**

- To cover a broad spectrum of surgical procedures in elbow arthroscopic surgery
- To provide indications for surgical treatment and discuss operative complications
- To highlight technicalities of surgical interventions through the broadcasting of videos
- To allow discussion between the experts and the surgeon trainees
- To provide hands-on sessions to improve skills in elbow arthroscopic surgery through practice on anatomical specimens under experts' tutorials
- To describe postoperative clinical results and practical applications of evidence-based clinical medicine

# Friday, February 14 - 2025

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## MORNING

<b>08.15 am</b>	<b>REGISTRATION</b>	
<b>08.30 am</b>	<b>WELCOMING OF PARTICIPANTS</b>	<i>M. BURNIER &amp; R. VAN RIET</i>

### 08.30 am      **Lecture session 1** *Elbow Arthroscopy: the basics*

**Chairmen: G. HERZBERG and A.C. ANGELO**

- Clinical elbow examination - Interactive session *J. DEBEIJ - 10'*
- Indications of elbow arthroscopy *J. PHADNIS - 10'*
- Equipment, position, portals, anterior and posterior evaluation *R. VAN RIET - 15'*
- Complications of elbow arthroscopy and how to avoid them *M. BURNIER - 10'*
  
- Discussion and questions to the faculty *All faculty - 15'*

### 09.30 am      **COFFEE BREAK**

### 09.50 am      **Practical session 1**

**Installation, portals, loose bodies removal**  
**Laboratory demonstration:** *P. MANSAT - 30'*

Experts help participants directly at their allocated tables  
on an anatomical specimen with simultaneous teaching  
Individual practical training by participant *All faculty*

### 01.00 pm      **LUNCH AT THE INSTITUTE**

# Friday, February 14 - 2025

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## AFTERNOON

**02.00 pm**      **Lecture session 2**  
*Invited guest lecture*

This is how and why I became an elbow surgeon

**P. MANSAT - 15'**

**02.15 pm**      **Lecture session 2**  
*Basic indications for elbow arthroscopy*

**Chairmen: J. PHADNIS and J. DEBEIJ**

- Osteochondritis dissecans
- Loose bodies and plica
- Tennis elbow

**D. EYGENDAAL - 10'**

**A. VIDIL - 10'**

**E. GUERRA - 10'**

### **Clinical Cases**

**M. BURNIER, G. HERZBERG - 20'**

[Group picture in the auditorium](#)

**03.15 pm**      **Practical session 2**

**Lateral epicondylitis, plica removal, arthroscopic ligament plicature**

**Laboratory Demonstration:**

- Plicature
- Lateral epicondylitis

**R. VAN RIET - 15'**

**M. BURNIER - 15'**

Experts help participants directly at their allocated tables  
 on an anatomical specimen with simultaneous teaching  
 Individual practical training by participant

**All faculty**

**06.00 pm**      **END OF THE SESSION**

**08.00 pm**      **DINNER IN HONOR OF PARTICIPANTS – Brasserie Les Haras**  
 23 rue des Glacières – 67000 Strasbourg

# Saturday, February 15 - 2025

## MORNING

**07.45 am** EVALUATION OF THE PREVIOUS DAY

**08.00 am** Lecture session 3

### *What about Elbow Arthroscopy in traumatology?*

**Chairmen:** *P. CAEKEBEKE and R. BARCO*

- New classification *A. WATTS - 10'*
- Terrible triad: levels of gravity *G. HERZBERG - 10'*
- Arthroscopic radial head fixation: technique video *R. BARCO - 10'*
- Arthroscopic coronoid fixation, terrible triad, technique video *A.C. ANGELO - 10'*

**08.40 am** *What about Elbow instability?*

**Chairmen:** *D. EYGENDAAL and A. COLOZZA*

- Arthroscopic signs of acute instability *K. WEGMANN - 10'*
- Acute ligament repair (video) *A. COLOZZA - 10'*
- Arthroscopic signs of chronic instability *P. ARRIGONI - 10'*
- Lateral Decubitus for All types/degrees of elbow instability? *G. HERZBERG - 10'*
- Arthroscopic treatment of chronic lateral instability (video) *P. CAEKEBEKE - 10'*
- Arthroscopic treatment of chronic medial instability (video) *P. ARRIGONI - 10'*

### **Clinical Cases**

*M. BURNIER, G. HERZBERG - 15'*

**09.55 am** COFFEE BREAK

**10.05 am** Practical session 3

### **Radial head fixation, coronoid fixation (Cannulated screw / Coronoid plate)**

**Laboratory Demonstration (or technique video):**

*A. WATTS - 30'*

Experts help participants directly at their allocated tables on an anatomical specimen with simultaneous teaching

Individual practical training by participant

*All faculty*

**12.30 pm** LUNCH AT THE INSTITUTE

# Saturday, February 15 - 2025

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## AFTERNOON

### 01.15 pm **Lecture session 4** *Treatment of Elbow contracture*

***Chairmen: E. GUERRA and P. CAEKEBEKE***

- Treatment of non-arthritis post-traumatic elbow stiffness, arthroscopic or open ***P. MANSAT - 15'***
- Arthroscopic debridement for osteo arthritis of the elbow: my indications and technique ***A. WATTS - 10'***
- Discussion and questions to the faculty ***All faculty - 15'***

### 02:00 pm **Practical session 4**

**Elbow arthrolysis, osteophyte resection and olecranon fossa fenestration: tips and tricks**

**Laboratory Demonstration:** ***A. WATTS - 15'***

Experts help participants directly at their allocated tables on an anatomical specimen with simultaneous teaching  
Individual practical training by participant

***All faculty***

**05.00 pm** **END OF THE COURSE**  
**DELIVERY OF CERTIFICATES OF ATTENDANCE**