



WRIST ARTHROSCOPY - BASIC COURSES

2025

WITH THE SUPPORT OF IWAS AND APWA

March 7 - 8

November 28 - 29

GENERAL DIRECTOR
C. Mathoulin (FR)

GENERAL DEPUTY DIRECTORS
A. Arnaout (FR) - L. Merlini (FR)

COURSE MANAGERS
M. Gras (FR) - L. Marcovici (IT)
C. Taleb (FR)

SEASONAL WRIST FORUM
COURSE MANAGERS
L. Marcovici (IT) - C. Taleb (FR)

8:00 am ◇ REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am ◆ THEORETICAL SESSION 1

- Principles of wrist arthroscopy and technique (setup, instruments, triangulation principle)
- Wrist arthroscopic anatomy and portals
- Indications-Complications

9:30 am ◆ HANDS-ON SESSION 1

- Presentation of setup, instruments, Portals (3-4, 6R, 1-2, UMC, RMC)
- Exploration of normal wrist joint (radio-carpal, midcarpal)
- Removal of loose bodies, synovectomy

12:30 pm ◇ LUNCH AT THE INSTITUTE

1:30 pm ◆ THEORETICAL SESSION 2

- Removal of dorsal wrist ganglia
- Removal of volar wrist ganglia
- Radial styloidectomy
- Distal resection of ulnar head
- TFCC peripheral repair

2:30 pm ◆ HANDS-ON SESSION 2

- Dorsal and volar ganglia resection,
- Radial styloidectomy
- Arthroscopic wafer
- TFCC peripheral repair

6:00 pm ◇ END OF SESSION

8:00 pm ◇ DINNER IN HONOR OF THE PARTICIPANTS

- 8:00 am ◇ *EVALUATION OF THE PREVIOUS DAY'S SESSIONS*
- 8:30 am ◆ *THEORETICAL SESSION 3*
- Scapholunate ligament complex SLIC, anatomical basis and arthroscopic assessment
 - SLI ADCLR technique
 - Scaphoid fracture: arthroscopic assisted technique
 - Distal radius fracture: arthroscopic assisted technique and controversies about ligament repair
- 9:30 am ◆ *HANDS-ON SESSION 3*
- ADCLR technique
 - Scaphoid fracture osteosynthesis + arthroscopic assistance
 - Distal radius fracture osteosynthesis + arthroscopic assistance
- 1:30 pm ◇ *LUNCH AT THE INSTITUTE*
- 2:30 pm ◆ *IRCAD-IWC SEASONAL WRIST FORUM*
- Roundtable
 - Discussion of clinical cases
 - Q&A
 - Debriefing
- 4:30 pm ◇ *END OF THE COURSE*
DELIVERY OF CERTIFICATES OF ATTENDANCE