HOLMUIM LASER ENUCLEATION OF THE PROSTATE (HOLEP)
THEORETICAL SESSIONS, VIDEOS, HANDS-ON PRACTICE ON ANATOMICAL SPECIMENS

2025

ADVANCED COURSE ──────────────────────────

DATE
September 4 - 5

COURSE COORDINATOR

T. Piechaud (FR)

COURSE DIRECTORS

X. Gamé (FR)
R. Mallet (FR)
C. Saussine (FR)

8:15 *am* ◇ *REGISTRATION AND WELCOMING OF THE PARTICIPANTS*

8:30 *am* ◆ *TREATMENT OF GENERAL AND DIGESTIVE COMPLICATIONS*
Technical characteristics:
• Holmium laser
• Equipment:
  - For enucleation
  - For morcellation
Patient selection, information, and preparation for the procedure

LIVE OPERATIVE DEMONSTRATIONS:
• HOLEP: 3 lobes
• HOLEP: monobloc

1:00 *pm* ◇ *LUNCH AT THE INSTITUTE*

1:30 *pm* ◆ *HANDS-ON SESSION ON ANATOMICAL SPECIMENS*
• Enucleation of median lobe
• Enucleation of lateral lobes

4:30 *pm* ◆ *THEORETICAL SESSION*
• Video sessions (pre-recorded)

6:30 *pm* ◇ *END OF SESSION*

8:00 *pm* ◇ *DINNER IN HONOR OF THE PARTICIPANTS*

8:00 *am* ◇ *EVALUATION OF THE PREVIOUS DAY'S SESSIONS*

8:15 *am* ◆ *WORKSHOP*
- Apprenticeship, training path
- The technique: operating variants (video sequences) + tips and tricks
- Apex management
- Type of hospital stay and operating room set-up
- State-of-the-art and literature review
- HoLEP and sexuality
- Special cases: resected prostate, large volumes
- Anticoagulant management
- Complications and risk management

12:00 *pm* ◆ *CONCLUSION*

12:30 *pm* ◇ *END OF THE COURSE*
DELIVERY OF CERTIFICATES OF ATTENDANCE

12:35 *pm* ◇ *LUNCH-BUFFET AT THE INSTITUTE*

COURSE OBJECTIVES

◇ Provide the knowledge to facilitate the transition from the learning curve to allow technical development and eventually move towards monobloc management

◇ Describe the different techniques (monobloc, two or three lobes, management of the apex) and the equipment available

◇ Describe and show videos of ejaculation preservation

◇ Demonstrate two live surgeries allowing to see a monobloc and multilobed enucleation with interaction with the OP room

◇ Describe perioperative management of anticoagulant in BPH surgery

◇ Provide the outcomes and potential complications of the technique

EDUCATIONAL METHODS

◇ Interactive theoretical and video sessions between Faculty and course participants

◇ Live and pre-recorded operative demonstrations

◇ Hands-on session on anatomical specimens

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