

WRIST ARTHROSCOPY - MASTER COURSE

NOVEMBER 29

8:00 am ○ REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am ● THEORETICAL SESSION 1

TFCC REPAIR

- Anatomy applied to reconstructive surgery for TFCC
- Techniques for TFCC foveal fixation
- Peripheral TFCC repair
- Transosseous repair through 6th extensor tendon sheet

TFCC RECONSTRUCTION

- Arthroscopic-assisted TFCC reconstruction
- DRUJ stabilization by DIOM reconstruction

10:00 am ● HANDS-ON SESSION 1

- TFCC repair and reconstruction

12:30 pm ○ LUNCH AT THE INSTITUTE

1:30 pm ● THEORETICAL SESSION 2

SL LESIONS: REPAIR AND RECONSTRUCTION

- SL capsulodesis
- SL instability – arthroscopic options
- Capsule plication
- Reconstruction of SL (Aitas' technique, Corella's technique, arthroscopic spiral tenodesis)

2:30 pm ● HANDS-ON SESSION 2

- SL repair and reconstruction

6:00 pm ○ END OF SESSION

8:00 pm ○ DINNER IN HONOR OF THE PARTICIPANTS

WRIST ARTHROSCOPY - MASTER COURSE

NOVEMBER 30

8:00 am ◦ **EVALUATION OF THE PREVIOUS DAY**

8:30 am • **THEORETICAL SESSION 3**

- Scaphoid nonunion
- Arthroscopic midcarpal fusion
- Lunate bone ganglion
- Other partial wrist fusion (STT, RSL, RL)
- CMC/STT resection with/without spacer

9:00 am • **HANDS-ON SESSION 3**

- SNU and SNAC / SLAL and CMC

12:30 pm ◦ **LUNCH AT THE INSTITUTE**

1:00 pm • **IRCAD-IWC SEASONAL WRIST FORUM**

- Roundtable
- Discussion of clinical cases

2:30 am • **HANDS-ON SESSION 4**

- Open practical session "Choose your technique"

4:30 pm ◦ **END OF THE COURSE**

DELIVERY OF CERTIFICATES OF ATTENDANCE

This program may be subject to modifications.