

WRIST ARTHROSCOPY – BASIC COURSES

With the support of IWAS and APWA



2024

ircad
France

**STRASBOURG
UNIVERSITY**

MARCH 1 - 2

MAY 17 - 18

NOVEMBER 29 - 30

Course supervisors

J.R. Haugstvedt (NO)
C. Mathoulin (FR)
P. Liverneaux (FR)

General directors

M. Levadoux (FR)
E.M. Baur (DE)

Course directors

A. Arnaout (FR)
B. Džula (SK)

Seasonal Wrist Forum
Course directors

C. Taleb (FR)
L. Marcovici (IT)

WRIST ARTHROSCOPY - BASIC COURSES

FRIDAY

8:00 am ○ REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am ● THEORETICAL SESSION 1

- History and principles of wrist arthroscopy
- Wrist arthroscopy anatomy
- Indications-complications
- Technique and portals
- Removal of dorsal and volar synovial cyst

9:30 am ● HANDS-ON SESSION 1

- Exploration of normal wrist joint
- Removal of foreign body, synovectomy, removal of synovial cyst

12:30 pm ○ LUNCH AT THE INSTITUTE

1:30 pm ● THEORETICAL SESSION 2

- Styloidectomy
- Distal resection of the ulna
- Principle of TFCC repair

2:30 pm ● HANDS-ON SESSION 2

- Styloidectomy, peripheral TFCC repair, wafer, WADCLR

6:00 pm ○ END OF SESSION

8:00 pm ○ DINNER IN HONOR OF THE PARTICIPANTS

WRIST ARTHROSCOPY - BASIC COURSES

SATURDAY

8:00 am ◦ EVALUATION OF THE PREVIOUS DAY

8:30 am • **THEORETICAL SESSION 3**

- Scapholunate tear: arthroscopic repair
- Distal radius fracture
- Scaphoid fracture

9:30 am • **HANDS-ON SESSION 3**

- Radius and scaphoid fracture
- Scaphoid fracture
- Wrist arthroscopic dorsal capsulo-ligamentous repair of SL

12:30 pm ◦ LUNCH AT THE INSTITUTE

1:00 pm • **IRCAD-IWC SEASONAL WRIST FORUM**

- Roundtable
- Discussion of clinical cases

2:30 pm • **OPEN WRIST SESSION**

- CMC arthroscopy
- Free wrist arthroscopy
- Shortening ulna plate
- Other techniques

4:30 pm ◦ END OF THE COURSE

DELIVERY OF CERTIFICATES OF ATTENDANCE

This program may be subject to modifications.