

WRIST ARTHROSCOPY - ADVANCED COURSES

FRIDAY

8:00 am ○ REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am ● **THEORETICAL SESSION 1 - TFCC**

- Research on the role of TFCC in DRUJ instability and arthroscopic repair
- Tips and tricks for TFCC and DRUJ arthroscopy
- TFCC foveal refixation
- TFCC reconstruction

9:30 am ● **HANDS-ON SESSION 1**

- TFCC foveal reinsertion
- TFCC reconstruction

12:30 pm ○ LUNCH AT THE INSTITUTE

1:30 pm ● **THEORETICAL SESSION 2 - SL, LT AND PERILUNATE INJURIES**

- SL tears from open surgery to arthroscopy
- Arthroscopic SL ligament reconstruction
- Pitfalls in SL arthroscopic repair and reconstruction
- Lunotriquetral ligamentoplasty
- Role of arthroscopy in perilunate dislocations and fracture-dislocations

2:30 pm ● **HANDS-ON SESSION 2**

- SL reconstruction
- LT reconstruction

6:00 pm ○ END OF SESSION

8:00 pm ○ DINNER IN HONOR OF THE PARTICIPANTS

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SATURDAY

8:00 am ◦ **EVALUATION OF THE PREVIOUS DAY**

8:30 am • **THEORETICAL SESSION 3 - SCAPHOID, STT AND THUMB CMC**

- STT arthritis arthroscopic options
- Arthroscopic options for 1st CMC osteoarthritis
- Scaphoid nonunion arthroscopic bone grafting
- Other advanced techniques

9:00 am • **HANDS-ON SESSION 3**

- Scaphoid fracture and nonunion
- STT
- 1st CMC

12:30 pm ◦ **LUNCH AT THE INSTITUTE**

1:00 pm • **IRCAD-IWC SEASONAL WRIST FORUM**

- Roundtable
- Discussion of clinical cases

2:30 pm • **HANDS-ON SESSION 4**

- Workshop
- Free choice of techniques

4:30 pm ◦ **END OF THE COURSE**

DELIVERY OF CERTIFICATES OF ATTENDANCE

This program may be subject to modifications.