



WRIST ARTHROSCOPY - ADVANCED COURSES

2025

WITH THE SUPPORT OF IWAS AND APWA

March 7 - 8

November 28 - 29

GENERAL DIRECTOR
C. Mathoulin (FR)

GENERAL DEPUTY DIRECTORS
A. Arnaut (FR) - L. Merlini (FR)

COURSE MANAGER
V. Carratala (FR)

SEASONAL WRIST FORUM
COURSE MANAGERS
L. Marcovici (IT) - C. Taleb (FR)

- 8:00 am ◇ *REGISTRATION AND WELCOMING OF THE PARTICIPANTS*
- 8:30 am ◆ *THEORETICAL SESSION 1 - TFCC*
- TFCC repair and foveal refixation (transosseous or anchor)
 - TFCC reconstruction
 - DRUJ arthroscopy
- 9:30 am ◆ *HANDS-ON SESSION 1*
- DRUJ arthroscopy
 - TFCC repair
 - TFCC foveal refixation
 - Suspensoplasty
- 12:30 pm ◇ *LUNCH AT THE INSTITUTE*
- 1:30 pm ◆ *THEORETICAL SESSION 2 - SL, LT AND PERILUNATE INJURIES*
- SL wide ADCLR
 - SL volar repair
 - SL reconstruction
 - LT repair and reconstruction
 - Perilunate dislocation management
 - Distal radius fracture: arthroscopic assisted technique and controversies about ligament repair
- 2:30 pm ◆ *HANDS-ON SESSION 2*
- SL wide ADCLR
 - Supercapsuloplasty, double capsuloplasty, ...
 - SL volar repair, SL reconstruction
 - LT repair and reconstruction
- 6:00 pm ◇ *END OF SESSION*
- 8:00 pm ◇ *DINNER IN HONOR OF THE PARTICIPANTS*
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8:00 am ◇ *EVALUATION OF THE PREVIOUS DAY'S SESSIONS*

8:30 am ◆ *THEORETICAL SESSION 3 - SCAPHOID, STT AND THUMB CMC*

- Scaphoid nonunion arthroscopic graft, and proximal pole nonunion problem
- Scaphoid nonunion: adjuvant arthroscopic options
- Lunate bone ganglion
- STT arthritis treatment, arthroscopic excision of distal scaphoid
- CMC arthroscopy and arthritis treatment options, arthroscopic excision of distal trapezium

9:30 am ◆ *HANDS-ON SESSION 3*

- Scaphoid nonunion grafting
- Distal radius core decompression
- Lunate bone ganglion,
- STT resection techniques
- CMC: partial resection, interposition

1:30 pm ◇ *LUNCH AT THE INSTITUTE*

2:30 pm ◆ *IRCAD-IWC SEASONAL WRIST FORUM*

- Roundtable
- Discussion of clinical cases
- Q&A
- Debriefing

4:30 pm ◇ *END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE*