



ELBOW ARTHROSCOPY COURSE

2025

WITH THE SUPPORT OF SECEC-ESSSE

February 14 - 15

GENERAL DIRECTOR
M. Burnier (FR)

GENERAL DEPUTY DIRECTOR
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COURSE MANAGER
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8:15 am ◇ REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am ◆ THEORETICAL SESSION 1

Introduction to elbow arthroscopy

- Clinical elbow examination - interactive session
- Elbow clinical evaluation
- Arthroscopic elbow exploration: step-by-step exploration, making it easy and safe
- Indications of elbow arthroscopy
- Complications of elbow arthroscopy

10:00 am ◆ HANDS-ON SESSION 1

- Installation, portals, loose bodies removal
- Laboratory demonstration

12:30 pm ◇ LUNCH AT THE INSTITUTE

1:30 pm ◆ THEORETICAL SESSION 2

From epicondylitis to lateral instability

- Percutaneous and open tennis elbow treatment technique
- Arthroscopic tennis elbow treatment technique
- Osteochondritis dissecans
- Arthroscopic treatment of instability
- Open treatment for elbow instability

CLINICAL CASES

3:00 pm ◆ Hands-on session 2

- Lateral epicondylitis, plica removal, arthroscopic ligament plicature
- Laboratory demonstration

6:30 pm ◇ END OF SESSION

8:00 pm ◇ DINNER IN HONOR OF THE PARTICIPANTS

- 7:45 am ◇ EVALUATION OF THE PREVIOUS DAY'S SESSIONS
- 8:00 am ◆ THEORETICAL SESSION 3
What about elbow arthroscopy in traumatology?
• New classification
• Arthroscopic radial head fixation
• Arthroscopic coronoid fixation, terrible triad
• Open radial head fixation
Laparoscopic biliary surgery
Endoscopic biceps
Ulnar nerve
- 10:00 am ◆ HANDS-ON SESSION 3
• Radial head fixation, coronoid fixation (cannulated screw / coronoid plate)
• Laboratory demonstration
- 12:30 pm ◇ LUNCH AT THE INSTITUTE
- 1:30 pm ◆ THEORETICAL SESSION 4
Arthroscopic treatment of elbow contracture
• Etiology of elbow stiffness - treatment of non-arthritis post-traumatic elbow stiffness, arthroscopic or open
• Arthroscopic arthrolysis for stiffness of the elbow: indications and technique
• Arthroscopic debridement for osteoarthritis of the elbow
- 3:00 pm ◆ HANDS-ON SESSION 4
• Elbow arthrolysis, osteophyte resection and olecranon fossa fenestration: tips and tricks
• Laboratory demonstration
- 5:00 pm ◇ END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE