



OBSTRUCTIVE SLEEP APNEA UPPER AIRWAY SURGERY

ADVANCED COURSE

April 3-4

COURSE DIRECTORS

L. Haddad (BR)

F.L. Martinho Haddad (BR)

F. Montevicchi (IT)

C. Vicini (IT)

7:45 am – REGISTRATION AND WELCOMING OF PARTICIPANTS

8:00 am – THEORETICAL SESSION

- Obstructive sleep apnea: overview
- Upper airway evaluation
- Sleep endoscopy
- Craniofacial evaluation
- Nasal surgery
- Palatal procedures and pharyngoplasty

10:00 am – VIDEOS SESSION

- Nasal procedures
- Palatal procedures
- Tongue base surgery
- Adenoidectomy
- Discussion

12:00 pm – LUNCH AT THE INSTITUTE

1:00 pm – HANDS-ON SESSION ON ANATOMICAL SPECIMENS

- Turbinate radiofrequency and turbinoplasty
- Palatal radiofrequency
- Adenoidectomy
- Glossectomy

5:30 pm – END OF SESSION

8:00 pm – DINNER IN HONOR OF THE PARTICIPANTS

7:45 am – EVALUATION OF THE PREVIOUS DAY

8:00 am – THEORETICAL SESSION

- Pharynx and hypoglossal nerve anatomy
- Hypoglossal nerve dissection
- Perioperative management

10:00 am – VIDEOS SESSION

- Lateral pharyngoplasty
- Barbed reposition and expansion sphincter pharyngoplasty
- Hypoglossal nerve dissection

12:00 pm – LUNCH AT THE INSTITUTE

1:00 pm – HANDS-ON SESSION ON ANATOMICAL SPECIMENS

- Tonsillectomy
- Lateral pharyngoplasty
- Expansion sphincter pharyngoplasty
- Barbed reposition
- Hypoglossal nerve dissection
- Pharynx anatomical dissection

5:30 pm – END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE

COURSE OBJECTIVES

- To provide training for different technologies to perform upper airway surgery for obstructive sleep apnea
- To practice on anatomical specimens in order to give participants the technical tools to improve their skills.
- To perform nasal surgery, adenoidectomy, pharyngoplasty, tongue surgery, and palatal surgery
- To review the upper airway anatomy

EDUCATIONAL METHODS

- Interactive theoretical and video sessions between Faculty and course participants
- Hands-on training on anatomical specimens

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