

ELBOW ARTHROSCOPY COURSE

With the support of SECEC-ESSSE



2024

ircad
France

STRASBOURG
UNIVERSITY

FEBRUARY 9 - 10

Course supervisor
C. Mathoulin (FR)

Course directors
M. Burnier (FR)
R. van Riet (BE)

Guest speaker
R. Barco (SP)

ELBOW ARTHROSCOPY COURSE

FEBRUARY 9

8:15 am ◦ REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am • **THEORETICAL SESSION 1**

HOW TO START ELBOW ARTHROSCOPY

- Clinical elbow examination - interactive session
- Elbow clinical evaluation
- Arthroscopic elbow exploration: step-by-step arthroscopic elbow exploration, making it easy and safe
- Indications of elbow arthroscopy
- Complications of elbow arthroscopy

10:00 am • **HANDS-ON SESSION 1**

- Installation, portals, loose bodies removal
- Laboratory demonstration

12:30 pm ◦ LUNCH AT THE INSTITUTE

1:30 pm • **THEORETICAL SESSION 2**

FROM EPICONDYLITIS TO LATERAL INSTABILITY

- Percutaneous and open tennis elbow treatment technique
- Arthroscopic tennis elbow treatment technique
- Osteochondritis dissecans
- Arthroscopic treatment of instability
- Open treatment for elbow instability

CLINICAL CASES

3:00 pm • **HANDS-ON SESSION 2**

- Lateral epicondylitis, plica removal, arthroscopic ligament plicature
- Laboratory demonstration

6:30 pm ◦ END OF SESSION

8:00 pm ◦ DINNER IN HONOR OF THE PARTICIPANTS

ELBOW ARTHROSCOPY COURSE

FEBRUARY 10

7:45 am ◦ **EVALUATION OF THE PREVIOUS DAY**

8:00 am • **THEORETICAL SESSION 3**

WHAT ABOUT ELBOW ARTHROSCOPY IN TRAUMATOLOGY?

- New classification
- Arthroscopic radial head fixation
- Arthroscopic coronoid fixation, terrible triad
- Open radial head fixation

LAPAROSCOPIC BILIARY SURGERY

- Endoscopic biceps
- Ulnar nerve

10:00 am • **HANDS-ON SESSION 3**

- Radial head fixation, coronoid fixation (cannulated screw / coronoid plate)
- Laboratory demonstration

12:30 pm ◦ **LUNCH AT THE INSTITUTE**

1:30 pm • **THEORETICAL SESSION 4**

ARTHROSCOPIC TREATMENT OF ELBOW CONTRACTURE

- Etiology of elbow stiffness - treatment of non-arthritis post-traumatic elbow stiffness, arthroscopic or open
- Arthroscopic arthrolysis for stiffness of the elbow: indications and technique
- Arthroscopic debridement for osteoarthritis of the elbow

3:00 am • **HANDS-ON SESSION 4**

- Elbow arthrolysis, osteophyte resection and olecranon fossa fenestration: tips and tricks
- Laboratory demonstration

5:00 pm ◦ **END OF THE COURSE**

DELIVERY OF CERTIFICATES OF ATTENDANCE

This program may be subject to modifications.